



# Connect and Learn with Us

An online event for families and caregivers

## ADHD - The Real Deal

**Speaker: Dr. Don Duncan**

Dr. Duncan will dispel the many myths surrounding ADHD by presenting up to date scientific facts about cause, prevalence, diagnosis and treatment. He will explain how and why the ADHD brain works the way it does.

FEB  
16

## What to Say to Kids (and Teens) When Nothing Seems to Work

**Speaker: Dr. Ashley Miller**

Dr. Ashley Miller will share quick and effective strategies to help your child and you weather difficult moments in a way that strengthens resilience and relationships.

FEB  
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(1 hour Presentation and 1 hour Q & A)

**Cost: Free**

**Required Registration: [familysmart.ca/events](http://familysmart.ca/events)**